

Confidence for Learning and Work

FREE courses available at the Kirkley Centre

Do you want to:

- Increase your confidence? • Try out new skills?
- Develop skills for employment?

SEPTEMBER – DECEMBER 2011

ESOL classes to improve your spoken and written English

Monday & Friday 6.30pm-8.30pm. Starts 23rd September and finishes 6th July

Preparing for work in Massage and Alternative Therapies

Thursday 6th October to 17th November – 9.30am-11.30am – 6 weeks

Learn the basics in hand, shoulder and arm massage. Learn more about the various aromatherapy oils and the benefits of using them. Gain skills to consider a career in massage or alternative therapies. Gain a unit qualification in career preparation'



NOCN Developing Counselling and Listening Skills

Taster session: Wednesday 12th October 1pm – 4pm

Course starts: Wednesday 19th October for 10 weeks

Confidence Building for Work (gain a qualification in career preparation' E3 level course)

Wednesday morning starting 21st September

CIEH FIRST AID (9hrs)

Thursdays starting 24th November

JANUARY 2012 – Coming soon!

NOCN Understanding active citizenship in your local community 5 week course

NOCN Becoming a volunteer 5 week course

NOCN Developing personal confidence and self awareness 10 week course

For more information contact: Imani on 01473 325286

To book a place on the course please contact: 0845 603 7284 (local rate)

Funded by

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